

## SANDWICHES

**CLASSIC CLUB – ROASTED  
TURKEY, AVOCADO, BACON,  
LETTUCE, AND TOMATO \$7.95**

**TUNA SALAD – WHITE  
ALBACORE TUNA SALAD WITH  
LETTUCE AND TOMATO \$6.75**

**CHICKEN SALAD – SERVED  
WITH LETTUCE AND TOMATO  
\$6.75**

**SERVED ON YOUR CHOICE OF  
WHITE, WHEAT, RYE, OR A  
WRAP**

**GRILLED CHICKEN PANINI –  
BRUSCHETTA, FRESH  
MOZZARELLA, ARUGULA, AND  
BALSAMIC REDUCTION PRESSED  
AND SERVED ON CIABATTA  
\$8.25**

**WEST COAST CHICKEN  
SANDWICH – AVOCADO,  
BACON, LETTUCE, TOMATO,  
ONION, AND A CHIPOTLE MAYO  
SERVED ON A BRIOCHE ROLL  
\$8.50**

**PULLED PORK – SHREDDED  
PORK SERVED ON A BRIOCHE  
ROLL SERVED WITH COLESLAW,  
AND JACK CHEESE \$7.50**

**HUDSON BURGER – SERVED  
WITH APPLEWOOD SMOKED  
BACON, CHEDDAR, LETTUCE  
AND TOMATO \$8.50**

**TURKEY BURGER – TERIYAKI,  
LETTUCE, TOMATO, RED ONION,  
AND WASABI AIOLI \$7.25**

**ITALIAN STYLE GRILLED CHEESE –  
FRESH MOZZARELLA, SLICED TOMATO,  
BASIL, EXTRA VIRGIN OLIVE OIL  
SERVED ON TUSCAN BREAD \$7.25**

## BEVERAGES

**FRESH SQUEEZED ORANGE OR  
GRAPEFRUIT JUICE \$3.95  
ORANGE, APPLE, CRANBERRY,  
OR PINEAPPLE JUICE \$1.95  
FRESH BREWED ICED  
TEA \$2.00  
SPARKLING WATER \$2.00  
BOTTLED WATER \$1.25  
COKE, DIET COKE, SPRITE \$1.50  
MILK \$1.50  
CHOCOLATE MILK \$2.00**

**ASK ABOUT OUR DESSERTS, FRESHLY  
BAKED COOKIES, CAKES, AND CUPCAKES**

**25 FIRST AVE.  
ATLANTIC HIGHLANDS, NJ 07716**

**[WWW.THEHUDSONCAFE.COM](http://WWW.THEHUDSONCAFE.COM)  
732.872.2300**

**WE ACCEPT DISCOVER, MASTERCARD,  
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**hudsonCafe**

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07716**

**OPEN TUESDAY - SATURDAY  
7:00 AM – 2:30PM  
OPEN SUNDAY  
7:00 AM – 1:00 PM  
CLOSED MONDAYS**

## BREAKFAST

**TWO EGGS, ANY STYLE\*** \$5.95  
SERVED WITH HOME FRIES AND YOUR  
CHOICE OF TOAST: WHITE, RYE,  
MULTIGRAIN WHEAT, OR ENGLISH  
MUFFIN

ADD A SIDE OF APPLEWOOD SMOKED  
BACON, SPIRAL HAM, OR MAPLE  
SAUSAGE \$2.50

\*TURN IT INTO A WRAP OR SANDWICH

### OMELETTES

**CHEESE** - YOUR CHOICE OF CHEDDAR,  
SWISS, OR JACK \$6.95

**VEGETARIAN** - FRESH BABY SPINACH,  
TOMATO, ONION, AND JACK  
CHEESE - \$7.95

**EAST COAST** - PANCETTA AND FRESH  
MOZZARELLA, TOPPED WITH BRUSCHETTA  
AND PARMIGIANO REGGIANO \$8.50

**WEST COAST** - APPLEWOOD SMOKED  
BACON, AVOCADO, AND JACK  
CHEESE \$8.25

**NORTHWEST** - OPEN FACED OMELETTE  
WITH SAUTÉED LEEKS, SMOKED SALMON,  
DRIZZLED WITH CREAM CHEESE \$9.25

**SOUTH OF THE BORDER** - CHORIZO,  
TOMATO, MONTEREY JACK & CHEDDAR,  
AVOCADO, DRIZZLED WITH SOUR CREAM  
\$8.95

ALL OMELETTES ARE SERVED WITH  
BREAKFAST POTATOES AND YOUR CHOICE  
OF TOAST: WHITE, RYE, MULTIGRAIN  
WHEAT, OR ENGLISH MUFFIN

**HUDSON FRENCH TOAST** \$8.25  
BRIOCHE SERVED WITH MAPLE BUTTER  
ADD FRESH SEASONAL FRUIT OR  
CARAMELIZED BANANAS AND PECANS  
\$1.95

**BANANA BREAD FRENCH TOAST** \$8.50  
HOUSE BAKED WITH A TOPPING OF FRESH  
BANANAS

**HOUSE MADE BUTTERMILK BATTER  
PANCAKES(3)** - SERVED WITH MAPLE  
BUTTER \$8.50  
TOPPED WITH FRESH SEASONAL FRUIT  
\$1.95  
ADD CHOCOLATE CHIPS OR BLUEBERRIES  
\$1.25  
ADD A SIDE OF APPLEWOOD SMOKED  
BACON, SPIRAL HAM, OR MAPLE  
SAUSAGE \$2.50

### FIT MENU

**FIT WRAP** - SCRAMBLED EGG WHITES,  
DICED TURKEY, ASPARAGUS, TOMATO,  
AND ONION IN A WHOLE WHEAT  
TORTILLA WRAP, SERVED WITH A FRUIT  
BOWL \$8.25

**SPIKED UP EGG WHITE SCRAMBLE** -  
BABY SPINACH, MUSHROOM, ONION,  
WITH SLICED TOMATO, SERVED WITH A  
FRUIT BOWL \$8.50

### BREAKFAST ON THE GO...

CROISSANT \$2.25  
BLUEBERRY CRUMB MUFFIN \$2.50  
STEEL CUT OATMEAL  
WITH BROWN SUGAR, CINNAMON, AND  
BANANA \$3.95  
FRESH FRUIT CUP  
OPTIONAL TOPPING OF SHREDDED  
COCONUT, DRIED FRUIT, NUTS, AND  
HONEY \$4.95  
GREEK YOGURT SERVED WITH FRESH  
FRUIT AND HOUSE MADE GRANOLA  
\$5.25

## LUNCH

**TURKEY CHILI** \$4.75

### SALADS

**HUDSON SALAD** - BABY FIELD GREENS  
WITH CUCUMBER, TOMATO, CARROTS,  
RED ONION, AND AVOCADO WITH YOUR  
CHOICE OF DRESSING: BALSAMIC, SPICY  
RANCH, BLUE CHEESE, OR ITALIAN  
\$6.95

ADD GRILLED CHICKEN \$2.00  
ADD CHICKEN OR TUNA SALAD \$1.50

**CAESAR SALAD\*** - ROMAINE LETTUCE,  
PARMIGIANO REGGIANO, CROUTONS, ANI  
HOUSE MADE CAESAR DRESSING \$6.95  
ADD GRILLED CHICKEN \$2.00  
\*EASILY MADE INTO A WRAP

**ARUGULA SALAD** - PEPPERY ARUGULA  
WITH PROSCIUTTO, PARMIGIANO  
REGGIANO, AND TOASTED PINE NUTS  
SERVED WITH LEMON VINAIGRETTE  
\$8.25

**BABY SPINACH SALAD** - TOASTED  
PECANS, APPLES, GOAT CHEESE,  
APPLEWOOD SMOKED BACON CRUMBLES  
AND HOMEMADE APPLE CIDER  
VINAIGRETTE \$7.95

**CHOPPED SALAD** - CHOPPED ROMAINE  
AND FIELD GREENS, DICED HAM AND  
TURKEY, TOMATO, CUCUMBER, RED  
ONION, FRESH MOZZARELLA, AND  
BALSAMIC GLAZE, WITH A TUSCAN RED  
WINE VINAIGRETTE \$8.25